


To ensure a **safe, clean, and respectful environment** for all users, we ask that all members and guests follow the rules below while using the pool facilities:

General Pool Rules:

1. **No inflatables, pool rings, or balls of any kind** are permitted in the pool.
2. **A swim hat must be worn at all times** while in the pool. Hats are available to purchase at reception – cash or card accepted.
 *Please note there is no option to charge this to your room.*
3. **Proper swimwear is required** – street clothing is not permitted in the pool.
4. **All swimmers must shower before entering** the pool for hygiene reasons.
5. **No running, diving, or rough play** on the poolside or in the water.
6. **No glass containers, food, or drink** (except bottled water) allowed in the pool area.
7. **Photography or filming and use of Mobile phones** is not permitted under any circumstances on the pool deck.
8. **Pay as you Go** - Anyone under the age of 16 must to be accompanied by an adult at all times when using the pool.

We thank you for your cooperation and understanding in helping us maintain a safe and enjoyable swimming experience for all.

– Talbot Fitness Management